

Culloden Medical Practice

Birthday Month Bloods

April 2018

We are starting a new system of monitoring those patients with certain long term health conditions who may be on several medications that require monitoring.

Do you have?

Ischaemic heart disease/heart failure

Peripheral vascular disease

High blood pressure

Stroke or TIA

We will be asking you to make an appointment with our Health care Assistant on the month of your birthday.

We will need to do a blood test and check your blood pressure and may ask for a sample of your urine.

You will then be advised by the Health Care Assistant whether you need to see the GP or the Practice Nurse to discuss your results, or simply access these over the telephone.

Do you have?

Diabetes

Then you will be asked to attend on the month of your birthday and at least every six months thereafter.

Do you have?

COPD

Asthma

You will be asked to make an appointment to see our Practice Nurse on the month of your birthday. She will then let you know when she wants to see you again, either yearly or sooner.

Do you have a mobile telephone?

Please update your details at reception as we will be using text reminders to let you know when to make your appointment.